

## Coach Pitch Baseball Rules and Regulations

Welcome to Orlando SAY Baseball Coach Pitch Division. The Coach Pitch division is strictly instructional baseball, to teach each player how to swing a bat, catch a ball, throw the ball, and how to run the bases. The focus of all the coaches in the Coach Pitch division shall be on instruction.

## GENERAL RULES

1. No new inning after 1 hour and 45 minutes. Drop dead after 2 hours if there is a game scheduled for the field immediately following the game. Both scorekeepers will agree and record start time.
2. Maximum of six (6) inning.
3. There is a four (4) run limit per inning in the first five (5) innings with an 8 run limit in the sixth (6) inning.
4. The Coach Pitch Division will used the Restricted Flight Ball (RIF \#5).
5. Each coach shall present the opposing coach with a copy of their standing batting order with First and Last Name and jersey numbers and fielding rotation schedule (example on last page of this document).
6. All score books are collected by Babe ruth District twice during the season. Any incomplete information can result in All-Stars ineligibility.
7. There should be an adult in the dugout at all times.
8. No one on the playing field or dugout will tell another batter to "swing", although normal "chatter" is allowed.
9. If only eight (8) players are present, the game can still be played with eight (8) players. All attempts should be made to obtain substitute players from other teams. Please refer to "Substitute Players" section below for additional rules.
10. If a player missed multiple practices or if there is a disciplinary concern, the coach should bring the situation to their division director for further clarification on whether the player is allowed to participate in the next game.
11. Bats must have the USA Bat Logo on them. Any non-USA Bat will not be allowed.
12. All players on all teams will be uniformed dressed with league supplied shirts, hats, socks, and belt and the parent supplied baseball pants (color determined by the team and will be consistent throughout the team). The helmet may only have a decal with the players team, name, or number. Players not dressed accordingly will not be allowed to play.
13. All coaches are expected to follow ALL ORLANDO SAY RULES and to help enforce these rules at practice and at the games. This includes the rules on SMOKING, FOUL LANGUAGE, and PETS. As a coach, you represent ORLANDO SAY to the parents and players on your team, any coach who consistently disregards the rules set forth by the Board of Directors will not return as a coach the next season and may be asked to relinquish their coaching position during the current season. Head coaches are held responsible for the actions of their assistant coaches, team parents, and spectators.


## OFFENSE/BATTING

1. There is a standing batting order. Each player must come up to bat when their name is up, regardless of whether they played in the field or on the bench that inning. If a player fails to come up to bay when it is their time, it could result in a forced out.
2. Batting:
a. Coach Pitch
i. The first 2 strikes will be a pitched ball from the coach.
ii. A strike will be called if a batter swings and misses or hits the ball into foul territory
iii. A fair ball will be called if the batter bats the ball in fair territory - the ball does NOT have to go past the 20ft arc
iv. If a batted ball hits the coach pitching, the ball is a dead ball and the batter is allowed another try.
b. Hitting off the Tee
i. After two pitched strikes, a batter will get a maximum of 2 swings to put the ball in play
3. A foul shall be called:
a. If the batter hits the tee without making contact with the ball
b. The ball is hit in foul territory
c. The ball fails to go past the 20 ft arc
4. A batter shall be called out if they completely miss the ball and the tee on a swing
5. A batter will be called out if they fail to put the ball in play on their second attempt off the tee
6. A fair ball must be between the foul lines and go past the 20 ft arc
7. When at bat, a batter may not throw their bat. If the bat is thrown by the batter and does not hit another person, they will be given a warning. If someone is hit by the bat then it will be an automatic out. If the batter, at the same at bat, throws the bat a second time and does not hit anyone it's considered an out. If the batter throws the bat a second time during the game and this another person it will be up to the umpire's discretion if the player will continue to play for the remainder of the game.
8. No base stealing, base lead offs, or infield fly rule will be allowed
9. The coach that is pitching may instruct the batter whenever necessary. The coach must leave the field of play as soon as the ball is hit and remain off field until the play has been called dead by the umpire
10. Pitchers cannot pitch the ball any closer than atop of the 20 ft TBall Arc in front of home plate.
11. First and Third base coaches must be adults ( 18 years or older).
12. Coaches cannot touch the runner on the base/base path during an active play. If the coach touches the runner, the pay will stop and the runner(s) will go back to their previous base. Umpires will be instructed to enforce this rule. Don't touch the runners!


## DEFENSE

1. All players on the field will be placed in a standard baseball configuration before each new batter receives their first pitch. Outfielders will be on the grass before the umpire will allow play to resume.
2. The pitcher must start with at least 1 foot inside the pitcher's circle until the ball is put in play.
3. The starting position of all other defensive players* must begin behind the back of the pitcher's circle. *The exception is the catcher.
4. The play will stop when an infielder has the ball and stops the lead runner.
a. An outfielder cannot be the player who stops the play or tags a runner out.
b. If a ball is hit to an infielder who is in front of the lead runner, the play is not dead as long as the infielder is in motion to make a play
c. It will be up to the umpire's discretion to when the play is dead.
5. Outfielders cannot get a runner out by tagging, or by making a force out, the outfielders need to get the ball to an infielder to make the play.
a. It is encouraged to teach the outfielders to throw the ball into the cut offs.
b. If necessary, they can hand the ball to an infielder to make the play.
6. If a ball goes outside the fence or into a dugout off a fair hit ball, or due to an overthrow, the runner(s) will be limited to one extra base.
7. If an overthrow is made while trying to make a force out at first and goes well beyond the immediate reach of the first baseman, or a player backing up first base, the runner(s) will be limited to one extra base. The runner still will have to "earn" second base. It is NOT an automatic base on an overthrow. Once the runner reaches second and ruled safe. The play is dead.
8. The ruling of an overthrow at first base will be up to the Umpires discretion to make the call.
9. Each player must play a minimum of four (4) innings per game, of which two (2) innings must be consecutive in the field, infield or outfield, prior to the fifth inning.
10. To encourage rotation of player, no player shall remain at the same defensive position more than two innings.
11. No player shall remain in the infield more than four (4) innings.
12. Each player must play two (2) innings in the infield;
a. The catchers position is limited
i. One (1) inning if the player is only scheduled for 2 infield positions
ii. Two (2) innings if the player is scheduled for 3 or more infield positions
13. A defensive coach may be placed in center field contained to the coach's box unless there's potential interference with a live ball. If a live batter ball hits a center field coach the ball is dead and the batter is awarded second base. The umpire will use their discretion on whether to advance any other runners. If a non-batted live ball hits the center field defensive coach, the ball becomes dead, and the runners will be awarded the next achievable base.
14. Any coach that does not follow the rotation rules as outlined, during any game, will be reported to the Board of Directors and Division Director for possible disciplinary action.

## SUBSTITUTE/BORROWED PLAYERS

1. The game may start with eight (8) players
2. If a manager is aware they will have less than 10 players (roster of 9 players), they may replace the player with another player from the T-Ball Division under the following guidelines:
a. The player must be replaced with a player with the same skill level.
i. Ex: An "A" player must be replaced with an "A" player, a "B" player replaced with a "B", and a "C" player replaced with a "C" player.
b. You may only replace a player if your team falls below 10 players but may only add players up too but not exceeding 10 players.
c. The substitute player will play by the same fielding guidelines set above
d. The substitute player must bat last in the batting order.

## TEAM RESPONSIBILITIES

- BOTH Team Responsibilities
- Setting up field and getting ready for the games
- Chalk baselines, batters' boxes, Tball Arc, on deck circle
- Rake as needed
- Clean up trash in dugout and around the bleachers
- If trash cans in dugout are 3/4 full - take trash to dumpster behind minors fields
- HOME Team Responsibilities
- Home team determined by the official league schedule
- Responsible to keep official score book and turning it back into the concession stand after each game. Report final score to Division Director.
- Score books must have:
- Team Names, Game start Time and Date
- Player Full Name and Jersey Number
- Outs, Runs per inning
- Supply two (2) new baseballs to the umpire (retrieved from concession stand)

USA BAT LOGO


## EXAMPLE OF BATTING \& FIELDING LINE-UP

## South Ovelande,

Visting Team Name vs. Home Team Name

| $\frac{\text { Batting }}{\underline{\text { Order }}}$ | Shirt \# | First Name | Last Name | 1 | 2 | 3 | 4 | 5 | 6 | InField | OutField | Rest |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 10 | Sylvie | Drake | Pitcher | 1st | RC | LC | Pitcher | SS | 4 | 2 |  |
| 2 | 6 | Jalen | Soto | 3RD | RC | 1ST | RC | 3RD | LC | 3 | 3 |  |
| $\underline{3}$ | 11 | Brynlee | Snow | LF | 2ND | RF | Catcher |  | RF | 2 | 3 | 1 |
| 4 | 12 | Houston | Hernandez | RC | SS | SS | 3rd | CF | 2ND | 4 | 2 |  |
| 5 | 2 | Camila | Zavala | 1ST | CF | LC | Pitcher | 1ST | Pitcher | 4 | 2 |  |
| 6 | 3 | Dillon | Gill | LC | Pitcher | Pitcher | 1st | LC | 1ST | 4 | 2 | 1 |
| 7 | 7 | Jordan | Reeves | CF | LF | 2nd |  | Catcher | LF | 2 | 3 |  |
| 8 | 1 | Clark | Escobar | SS | LC | LF | SS | RC | 3RD | 3 | 3 |  |
| $\underline{9}$ | 4 | Erin | McCullough | 2ND |  | Catcher | RF | RF | CF | 2 | 3 | 1 |
| 10 | 9 | Briar | Orozco | RF | 3RD | 3RD | LF | SS |  | 3 | 2 | 1 |
| 11 | 8 | Renata | Porter |  | Catcher | CF | CF | 2ND | Catcher | 3 | 2 | 1 |
| 12 | 5 | Rhett | Tran | Catcher | RF |  | 2ND | LF | RC | 2 | 3 | 1 |

## OFFENSE AND DEFENSE COACHING POSITIONS



